

An Anatomical Study of the Aortic Arch Variations

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Abstract. Complications of an open surgery on the aortic arch include ischemic problems, which can be caused by unrecognized variation of its vascular anatomy. The aim of this study was to determine the anatomical basis needed for its surgical procedures. Thirty adult human preserved cadavers, six separate hearts with the aortic arches, images of computerized tomography and aortic angiography were used. The branching pattern of the aortic arch was studied; diameters of its branches and the distance from their origin to the mid-vertebrae line were measured. In 75% of the cases, the brachiocephalic trunk, left common carotid and left subclavian artery originated independently. 66.66% of the remaining variants had two branches, the left subclavian artery and a common trunk which incorporated the brachiocephalic trunk and left common carotid. In 22.2%, the arch had four branches which was the left vertebral artery. In 11%, the left vertebral artery arose with the left subclavian artery from a common trunk. There was a significant correlation between the diameters of brachiocephalic trunk and left subclavian artery. A significant strong positive correlation between the distances from the origins of left common carotid and left subclavian artery from the mid vertebrae line was found. The results in this study provide accurate information considered vital for vascular surgery.

Keywords: Variation, Aortic arch, Mid-vertebrae line.

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Introduction

The most common branching pattern of the aortic arch (AA) in humans comprises of three great vessels; first, the brachiocephalic trunk (BT), then the left common carotid artery (LC) and finally the subclavian artery (LS). This pattern occurs in 65-80% of the cases^[1].

The final configuration of the AA and its branches is probably related to the associated “migration” and “merging” of the branches, together with the different growth rates in the various arteries^[2]. The AA anomalies are also associated with chromosome 22q11 deletion^[3].

Different variations concerning the origin and number of the branching pattern of the AA as an increase or decrease in the number of branches or common origin of its major branches were considered as normal variants^[4]. The anatomic and morphologic variations of the AA and its branches are significant for diagnostic and surgical procedures in the thorax and neck^[5].

Despite accurate preoperative assessment and adequate preparations, unexpected and sometimes unsuccessful situations can occur during vascular surgery. Complication of open surgery of the AA include ischemic problems which can be caused by unrecognized variation of the vascular anatomy^[6].

The presence of anomalous arch vessels has considerable impact on AA reconstruction techniques and cerebral protection methods when the separated graft technique is adopted to perform total arch replacement. Some anomalous aortic branches, as the left vertebral artery (LV), are difficult to diagnose preoperatively as it is often obscured by other larger arch branches, making its preoperative detection considerably more difficult. They are most often discovered intra-operatively, hence it is necessary to take special precaution while the arch branches are dissected and exposed^[7].

Diagnosis of a cerebrovascular injury may be based on a wrong assumption that the vertebral artery (VA) is occluded by simply lying outside the region of interest during noninvasive studies, such as computerized tomography angiography (CTA), Magnetic Resonance Angiography (MRA), or Doppler sonography^[8].

Therefore, it appears that the true value of detecting anomalous arch vessels is in the diagnostic gain before planning an AA surgery or endovascular interventions.

In performing endovascular surgery, the most common technique is to puncture the femoral artery and advance a catheter towards the AA through the abdominal aorta, as well as the major branches originating from the AA. Despite the improvement of catheter quality and the rapid development of fluoroscopic imaging, this usual technique may be very difficult to perform in some cases due to the anatomical variations of the AA and its major branches^[9]. Also, serious complications may develop due to these procedures^[10]. Thus, obtaining enough knowledge of the anatomic variations of the AA before inserting a catheter into the blood vessels is essential in order to avoid injuring neighboring structures.

Aim of Study

The aortic arch is a challenging site for endovascular repair. The aim of the present work was to study the branching pattern of the aortic arch, the diameters of its branches and the distance from their origin to the mid-vertebrae line. This study would provide an anatomical basis to assist surgeons in performing safe vascular surgery involving the AA, and its branches as cases in which stenting are used as an adjunct to balloon angioplasty for the treatment of both stenotic and occlusive lesions of the supra aortic trunks.

Materials and Methods

This study was performed on thirty adult human preserved cadavers and six pre-dissected separate hearts with the aortic arches en-bloc. They were obtained from the Department of Anatomy, Faculty of Medicine, King Abdulaziz University after the approval of the Ethical Committee. The sex and age of the cadavers were not to be assessed in this study.

The thirty adult human cadavers included specimens not dissected, subjected to previous dissection, or previously injected with colored latex. Dissection of the superior mediastinum was done routinely in cadavers in whom the thoracic cavity was not opened. A transverse incision through the manubrium sterni, just below the level of the first rib was done. It was extended posteriorly through the first intercostal space. The ribs from 2-9 were cut at costochondral junction. The sternum was turned on to the upper part of the abdominal wall. The fat tissue and the pericardium covering the ascending aorta and the great vessels were removed. The right and left brachiocephalic veins were gently cut^[11].

In cadavers subjected to previous dissection, the abdominal and the thoracic cavities were opened and the lungs were removed. Some cadavers were injected previously with colored latex for the study of some vessels.

The following morphological parameters have been recorded:

- Examination of the branching pattern of the AA major branches.
- Brachiocephalic trunk (BT), the left common carotid artery (LC), and the left subclavian artery (LS).
- Identifying additional arteries originating from the aortic arch.
- Measuring the distance between the mid-vertebrae line, and the branches originating from the arch^[9]. This was done only in the 30 cadavers (Fig.1).
- Measuring the diameter of all branches at the site of their origin from the arch. Measurements were done using a Vernier caliper, accuracy 0.01 mm. (Fig. 2).



Fig. 1. A photograph of a dissected aortic arch shows the mid-vertebrae line.



Fig. 2. A photograph of the aortic arch shows the Vernier caliper used in measurement.

Additionally, photographs were taken using digital camera (Panasonic VDR-D150).

The statistical analysis of collected data using the SPSS program version 12 was performed and $p < 0.05$ was considered to be a significant difference.

The study was assisted by computerized tomography images (Enhanced CT scan images), aortic angiography from different patients

with different purposes like chest and neck CT scan to evaluate neck masses; or to rule out pulmonary embolism *etc.*, which revealed these variations. The CTs were obtained from the Radio-diagnostic and Medical Imaging Department, King Fahd Armed Forces Hospital in Jeddah. Patients' names and their file numbers were not shown in the images obtained abiding by the ethical rules of the hospital. The sex and age of the randomly chosen patient were not considered or assessed as in the preserved cadaveric study.

CTA protocol was done by sensation 64 CT scanner. The procedure was enhanced by IV injection of about 140 ml of iodinating contrast material in the left antecubital vein. The rate of injection was 3-4 ml/second. Scan started from the 10th thoracic vertebra till the base of the skull.

Results

In this study the aorta commenced at the upper part of the left ventricle. After ascending for a short distance, it arched backwards and to the left, over the root of the left lung. Then, it descended on the left side of the thoracic part of the vertebral column. It was related anteriorly to the left brachiocephalic vein crossing its upper part. The left surface of the arch was crossed by the left phrenic nerve and the left vagus nerve, which gave off its recurrent laryngeal branch hooking below the vessel and then passed upward on its right side. The right posterolateral surface was related to trachea, and the vertebral column. Inferior to the arch, the bifurcation of the pulmonary trunk was identified (Fig. 3 and 4).

In this study the most common AA branching pattern was found in 27 (75%) of 36 specimens. In this pattern the three major branches; BT, LC, and LS originated independently from the arch of the aorta (Fig. 4).

The origin of the BT from the AA deviated by a mean of 9.33 ± 4.66 mm to the right of the mid-vertebrae line (ranged from 0.00 to 20.00 mm) (Table 1).

The mean diameter of the BT was 17.97 ± 3.85 mm. The length of the diameter ranged from 10.00 to 25.00 mm (Fig. 5, 6 and Table 2). The LC originating from the AA deviated by an average of 9.90 ± 5.28 mm to the left of the mid vertebrae line. It ranged from 1.00 to 20.00 mm (Table

1). The mean diameter of LC was 9.77 ± 1.91 mm (ranged from of 6.00 to 15.00 mm.) (Fig.7, 8 and Table 2).

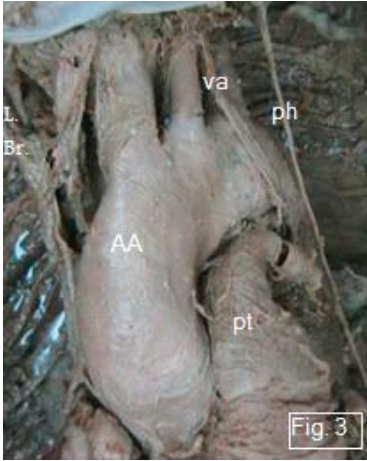


Fig. 3. A photograph of the aortic arch (AA) showing its relations. The left phrenic (ph) and left vagus (va) nerves cross the left surface of the arch. Pt: pulmonary trunk. L.Br: reflected left brachiocephalic vein.

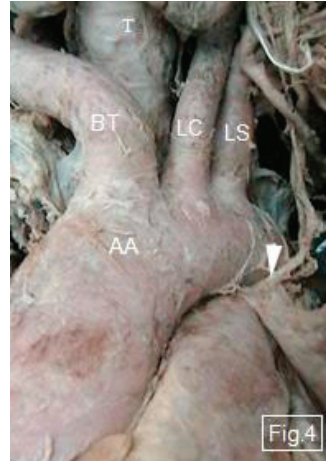


Fig. 4. A photograph of the aortic arch (AA) showing its common branching pattern. The three major branches arise independently from the arch. BT: Brachiocephalic trunk. LC: left common carotid artery. LS: left subclavian artery. T: trachea. (head arrow): Left recurrent laryngeal nerve.

Table 1. Distance from the mid-vertebrae line to the origin of the major branches of the aortic arch (in mm).

	N	Mean	SD	Minimum	Maximum	Range
BT	30	9.33	-4.66	.00	20.00	20.00
LC	30	9.90	+5.28	1.00	20.00	19.00
LS	30	25.73	+7.57	12.00	40.00	28.00

BT: Distance from the mid-vertebrae line to the origin of the brachiocephalic trunk; LC: Distance from the mid-vertebrae line to the origin of the left common carotid artery; LS: Distance from the mid-vertebrae line to the origin of the left subclavian artery, SD: standard deviation, negative (-): right side based on the mid-vertebral, line positive (+): left side based on the mid-vertebral line.

The third branch LS deviated to the left from the mid-vertebrae line by a mean of 25.73 ± 7.57 mm (ranged from 12.00 to 40.00 mm) Table 1. Its mean diameter was of 14.33 ± 3.09 mm (ranged from 7.00 to 2.00mm) (Fig. 9, 10 and Table 2). There was also significant positive correlation ($r = .467$) between the diameters of BT and LS at ($\alpha = 0.05$) (Table 3).

A significant negative correlation ($r = - .496$) was found between the distance from the origin of BT to the mid vertebrae line and that of LC. However, the distance between the origin of BT to the mid vertebrae line and that of LS showed a weak negative correlation ($r = -.431$). There was a significant strong positive correlation between the distance LC from the mid vertebrae line and that of LS ($r = .708$) (Table 3). The variations in AA regarding its branching pattern were also observed in the remaining nine specimens (25%).

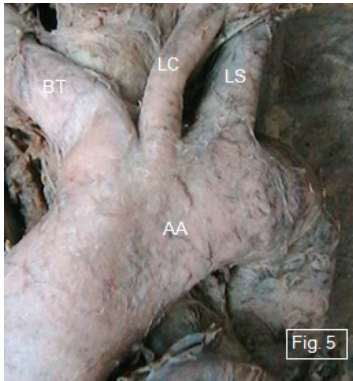


Fig. 5. A photograph of the aortic arch (AA) shows the brachiocephalic trunk (BT) with the widest diameter. LC: left common carotid artery. LS: left subclavian artery.

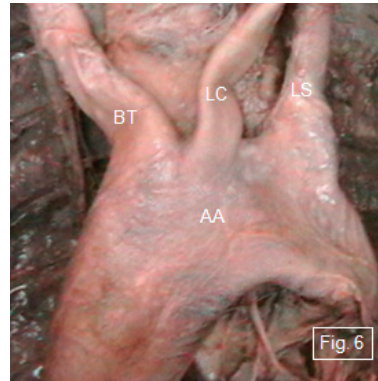


Fig. 6. A photograph of the aortic arch (AA) shows the brachiocephalic trunk (BT) having the smallest diameter. LC: left common carotid artery. LS: left subclavian artery.

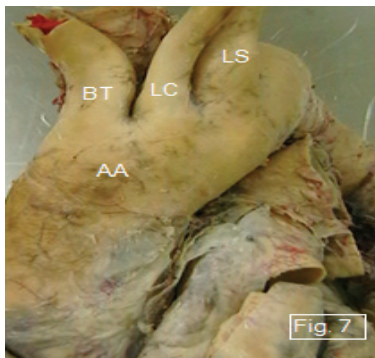


Fig. 7. A photograph of the aortic arch (AA) shows the left common carotid artery (LC) with the widest diameter. BT: brachiocephalic trunk. LS: left subclavian artery.

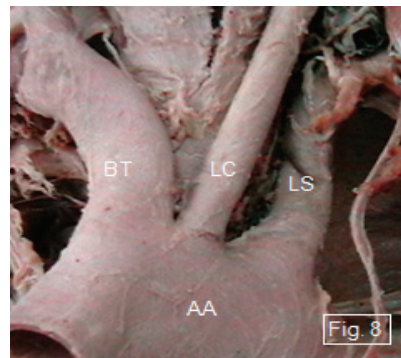


Fig. 8. A photograph of the aortic arch (AA) shows the left common carotid artery (LC) having the smallest diameter. BT: brachiocephalic trunk. LS: left subclavian artery.

Table 2. Diameters of the three major branches of the aortic arch (in mm).

	N	Mean	SD	Minimum	Maximum	Range
BT	36	17.97	3.85	10.00	25.00	5.00
LC	36	9.77	1.91	6.00	15.00	9.00
LS	36	14.33	3.09	7.00	20.00	13.00

SD: standard deviation, BT: brachiocephalic trunk, LC: left common carotid artery, LS: left subclavian artery.

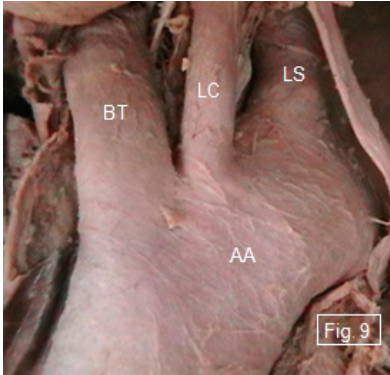


Fig. 9. A photograph of the aortic arch (AA) showing the left subclavian artery (LS) with the widest diameter. BT: brachiocephalic trunk. LC: left common carotid artery.

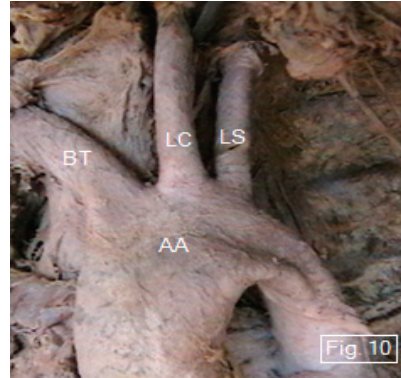


Fig. 10. A photograph of the aortic arch (AA) showing the left subclavian artery (LS) with the smallest diameter. BT: brachiocephalic trunk. LC: left common carotid artery.

In the present study, a common origin of these major vessels was noted. The AA in six specimens of the above group (66.66%) had only 2 great branches. They originated from the upper convex surface of the aortic arch. The first was a common trunk, which incorporated the BT and the LC. The second was the LS, which arose independently distal to the origin of the common trunk (Fig. 11). The shape, length, diameter of the trunks and their length away from the mid-vertebrae line varied considerably.

The mean length of the trunk from its origin to the level of bifurcation into BT and the LC was 15.00 ± 5.86 (ranged from 10.00 to 26.00 mm) (Fig. 12, 13 and Table 4). The mean diameter of the trunk was 30.33 ± 5.16 mm. (ranged from 25.00 to 40.00 mm) (Fig. 12, 14 and Table 4). The mean distance between the origin of the common trunk and the mid-vertebrae line, was of 13.83 ± 3.97 mm, (ranged from 9.00 to 20.00 mm) (Table 4).

Table 3. The correlations between distances from the mid-vertebrae line and diameters of the three major branches.

		Distance of (BT) from mid vertebral line	Distance of (LC) from mid vertebral line	Distance of (LS) from mid vertebral line	Diameter of (BT)	Diameter of (LC)	Diameter of (LS)
Distance of (BT) from mid vertebral line	Pearson Correlation		-.496*	-.431*	-.097	.043	-.146
Distance of (LC) from mid vertebral line	Pearson Correlation	-.496*		.708*	.115	-.081	.019
Distance of (LS) from mid vertebral line	Pearson Correlation	-.431*	.708*		-.139	-.316	.047
Diameter of (BT)	Pearson Correlation	-.097	.115	-.139		.137	.467*
Diameter of (LC)	Pearson Correlation	.043	-.081	-.316	.137		.270
Diameter of (LS)	Pearson Correlation	-.146	.019	.047	.467*	.270	

Correlations

* Correlation is significant at the 0.05 level.

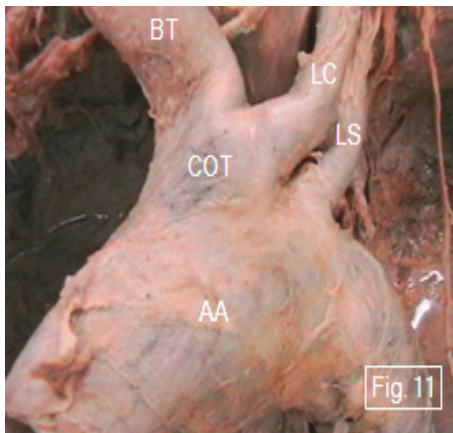


Fig. 11. A photograph of the aortic arch (AA) showing a common trunk (COT) of brachiocephalic trunk (BT) and the left common carotid artery (LC). The left subclavian artery (LS) originates from the arch distal to the (COT).



Fig. 12. A photograph of the aortic Arch (AA) showing the common trunk (COT) having the longest and widest measurements. The brachiocephalic trunk (BT) and the left common carotid (LC) arise from the (COT). The left subclavian artery (LS) arises independently from the arch.

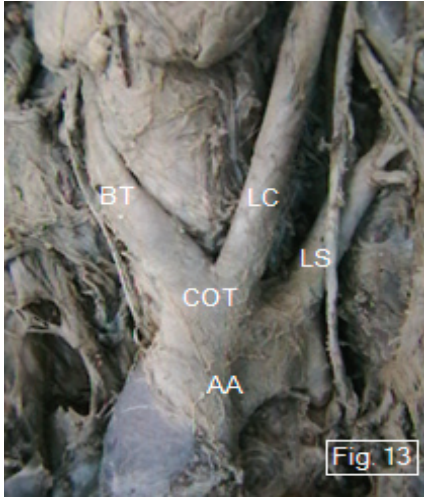


Fig. 13. A photograph of the aortic arch (AA) shows a common trunk (COT) having the shortest length between its origin from the arch and its bifurcation. BT: Brachiocephalic trunk. LC: left common carotid artery. LS: left subclavian artery.



Fig. 14. A photograph of the aortic arch (AA) shows the common trunk (COT) having the smallest diameter. The brachiocephalic trunk (BT) and the left common carotid artery (LC) arise from the (COT). LS: left subclavian artery.

Table 4. Distances from mid-vertebral line, lengths of the common trunk of BT and LC and their diameters (in mm).

Trunk	N	Mean	SD	Minimum	Maximum	Range
Distance from mid-vertebral line	6	13.83	-3.97	9.00	20.00	11.00
Length	6	15.00	5.86	10.00	26.00	16.00
Diameter	6	30.33	5.16	25.00	40.00	15.00

SD: standard deviation, negative (-): right side based on

In two cadavers (22.2%) an additional artery was noted in addition to the three branches and four branches had their origin from the upper convex surface of the arch. The additional branch was traced and found to be left vertebral artery (LV). It had an independent origin from the aortic arch. It was located between the origins of the left common carotid and the left subclavian arteries. The arising sequence of the four arteries from the arch, from right to left was BT, LC, LV, and LS (Fig. 15).

The mean diameter of the LV was 5.5 mm. (ranged from 5.00 to 6.00 mm) (Fig. 15 and 16). The mean distance between the origin of the LV

and the mid-vertebrae line, was 26.5 mm (ranged from 22.00 to 31.00 mm).

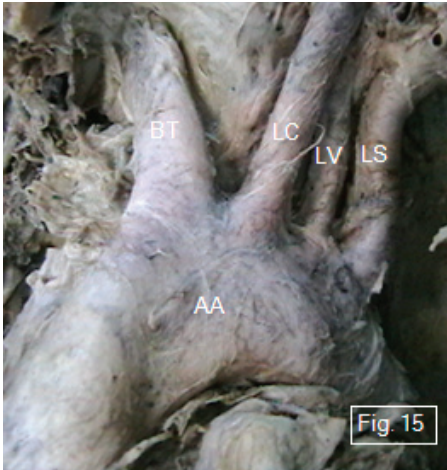


Fig. 15. A photograph of the aortic arch (AA) shows four branches arising from its upper surface. The left vertebral artery (LV) has direct origin from the arch between the left common carotid (LC) and left subclavian arteries. BT: brachiocephalic trunk.

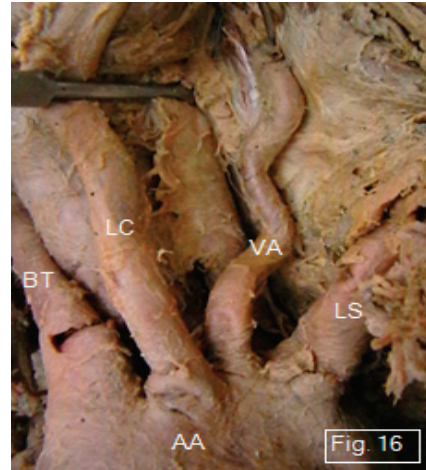


Fig. 16. A photograph of the aortic arch shows the left vertebral artery (LV) arising directly from aortic arch, between the origins of the left common carotid (LC) and left subclavian arteries (LS).

In only one cadaver (11%) the LV arose with the LS from a common trunk. The trunk originated from the arch behind the LC. The diameter of the trunk was 20.00 mm (Fig. 17). The distance from its origin to the mid-vertebrae line was 31 mm.

The cadaveric study was assisted with the computerized tomography images (Enhanced CT scan images); aortic angiography for different randomly chosen patients with different purposes. The common branching pattern of the AA in which the three major branches originated independently was observed (Fig. 18). A common origin for both the BT and the LC was also seen in some images. In such cases, the LS had an independent origin from the arch (Fig. 19). In some cases, the LV arose directly from the arch between the LC and the LS (Fig. 20).

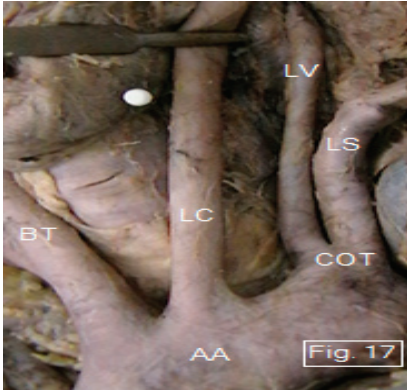


Fig. 17. A photograph of the aortic arch (AA) shows the left vertebral artery (LV) and the left subclavian artery (LS) arising from a common trunk (COT). The trunk originated distal to the left common carotid artery (LC). BT: brachiocephalic trunk.



Fig.18. A photograph of three-dimensional volume-rendered CT angiogram of aortic arch (AA) shows a common branching pattern. The three major branches arise independently from the arch. BT: Brachiocephalic trunk. LC: left common carotid artery. LS: left subclavian artery.

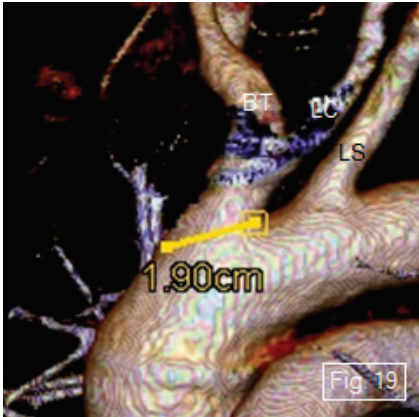


Fig. 19. A photograph of three-dimensional volume-rendered CT angiogram of aortic arch (AA) showing only two arteries arising from it. The first is a common trunk (COT) of the brachiocephalic trunk (BT) and the left common carotid artery (LC). The second is the left subclavian artery (LS).

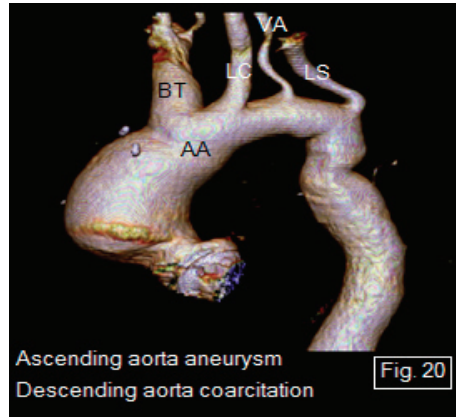


Fig. 20. A photograph of three-dimensional volume-rendered CT angiogram of aortic arch(AA) showing the left vertebral artery(LV) arising independently from the aortic arch between the left common carotid (LC) and the left subclavian (LS) arteries. BT: brachiocephalic trunk.

Discussion

Detection of the anomalous origins of the branches of the AA is diagnostic before vascular surgeries of supra-aortic arteries, as their variations are likely to occur. This is attributed to the altered development of certain brachial arch arteries during the embryonic period of gestation^[5].

In the present study, the three major branches of the AA originated independently in 27 (75%) cases. This finding was nearly similar to that of Lippert and Pabst where 70% of patients had this common branching pattern-. According to Lippert and Pabst^[12] this pattern was different from that found by Shin *et al.*^[9] (84%) and Paraskevas *et al.*^[13] who found it in only 65%.?

The current study showed that the BT originating from the branching site deviated from the right side by an average of 9.33 ± 4.66 mm from the mid vertebrae line. The LC deviated by an average of 9.90 ± 5.28 mm to the left of the mid-vertebrae line, and the third branch LS deviated with an average of 25.73 ± 7.57 mm to the left of the mid vertebrae line. According to Shin *et al.*^[9] the average distance from the origin of the BT to the mid vertebrae line was 0.92 mm. The distance of the LC from the branching site to the mid vertebrae line was 12.3 mm and that of the LS was 22.8 mm to the left of the mid vertebrae line. Bhatia *et al.*^[14] claimed that the approximation of the LC artery to the BT is an important observation while invading the AA and its branches with instruments, since all cases are susceptible to surgical attack. Also, Gupta and Sodhi^[15] in their study on hundred cadavers found that the mean transverse distances between adjacent luminal openings of BT, LC and LS arteries were significantly greater than the mean vertical distances ($p < 0.001$). They also observed that approximation of LC to BT trunk was seen in 10.0% specimens.

Compared to the results of Shin *et al.*^[9] who measured the inner diameter of the major branches at their origin from the AA and found the measurements on an average of $18.3 + 7.00$ mm, $9.5 + 1.9$ mm and $10.6 + 2.4$ mm, for BT, LC and LS, respectively, the mean diameter of the BT, LC and LS in the present work were 17.97 ± 3.85 mm, 9.77 ± 1.91 mm, and 14.33 ± 3.09 mm, respectively.

In the study of six specimens (25%), only two great vessels originated from the upper convex surface of the aortic arch. The first is a common trunk, which incorporated the BT and the LC. The second was the LS which arose independently distal to the origin of the common trunk. While Paraskevas *et al.*^[13] found this variation in 27% of the cases, Best and Bumpers^[16], and Beigelman *et al.*^[17] found it in 8% of their studied cases. In the present study, the mean length of the trunk from its origin to the level of division into BT and the LC was 15.00 ± 5.86 ; the mean diameter of the trunk was 30.33 ± 5.16 mm. The mean distance between the origin of the common trunk and the mid vertebrae line, was of 13.83 ± 3.97 mm .

In the present study an additional artery was noted in 2 (22.2%) cadavers out of nine variations and thus, four branches had their origin from the arch. An independent separate origin of the left vertebral artery LV from the AA was identified between the LC and the LS. Shin *et al.*^[9] found this variation in 5.8% of the cases. While Lemke *et al.*^[18] observed that the VA may have duplicate origin from the arch and the subclavian artery. In agreement with the present results they found that the most frequent variant (2.4-5.8%) is the LV, arising directly from the AA between the left common carotid artery and left subclavian artery. Paraskevas *et al.*^[13] also stated that the LV may arise between the left common carotid and the subclavian arteries. While Best and Bumpers^[16] reported a case in which the right vertebral artery originated directly from the aortic arch. Also, Karcaaltincaba *et al.*^[19] found in eight cases that the variant of the right VA originating from the AA was distal to the left subclavian artery. Albayram *et al.*^[20] suggested that the aberrant origin of the LV directly from the AA is due to persistence of the 8th intersegmental artery.

One remarkable finding in the present work was the origin of LV with the LS from a common trunk in one cadaver (11%) out of nine variations. The trunk originated from the arch behind the LC. Its diameter was 20.00 mm. The length from its origin to the level of division into the LV and LS was 12.00 mm. No similar finding was reported in the current literature review.

The computerized tomography aortic angiograph images used in this study showed cases in which the BT and the LC originated from a common trunk. In some cases the AA had four independent branches in

which the LV arose independently between the origins of the LC and the LS. The finding in the present study confirmed with that of Ka-Tak *et al.*^[21] who found four branches arising from the arch in an angiographic study, but the fourth branch was an aberrant right subclavian artery that arose as the last branch and coursed posterior to the mediastinum.

On the other hand, Goray *et al.*^[8] found incidentally in a CT arch aortography, five branches originated directly from the AA in which an anomalous origin of both vertebral arteries originated beyond the left subclavian artery.

Conclusion

In conclusion, the different branching patterns of the AA observed in this study and the morphometric measurements taken can assist surgeons in performing safe and effective surgeries in the superior mediastinum. Furthermore, it is recommended to search for other variations of supra aortic arteries of the neck that may accompany them.

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دراسة تشريحية للاختلافات الطبيعية لقوس الشريان الأبهر

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المستخلص. للجراحات المفتوحة لقوس الشريان الأبهر مصاعب تشمل الافتقار الدموي والذي قد يسببه الاختلاف غير المعروف في تشريح الأوعية الدموية. لذا فإن الهدف من هذه الدراسة هو السعي للحصول على أسس تشريحية للعمليات الجراحية على قوس الأبهر. استخدم في هذه الدراسة ثلاثون جثة بشرية بالغه وست قلوب معزولة مع قوس الأبهر، صور فوتوغرافية لأشعة مقطعية للتخطيط الوعائي. وقد تمت دراسة أنماط التفرع، وقياس طول الأقطار للأفرع الخارجة منه، والمسافة بينها إلى الخط المنصف الفقري. في ٧٥٪ من العينات نشأ الشريان العضدي الرأسي، والشريان المشترك السباتي الأيسر، والشريان تحت الترقوة الأيسر. ومن باقى العينات ذوات الأنماط المختلفة وجد فى ٦٦,٦٦٪، فرعان فقط، واحد يجمع بين الشريان العضدي الرأسي والشريان المشترك السباتي الأيسر، والثاني للشريان تحت الترقوة الأيسر. في ٢٢,٢٪ وجد أربع تفرعات تضمنت الشريان الفقاري الأيسر. وفي ١١٪ من العينات اشترك الشريان الفقاري الأيسر مع الشريان تحت الترقوة الأيسر في منشأ واحد. ووجد ارتباط بين أقطار الشريان العضدي الرأسي والشريان تحت الترقوة الأيسر. كما وجد علاقة إيجابية قوية بين المسافة لكل من الشريان المشترك السباتي الأيسر

والشريان تحت الترقوة الأيسر من الخط المنصف الفقري. إن النتائج فى هذه الدراسة توفر المعلومات الدقيقة التي يمكن أن تعتبر حيوية لجراحة الأوعية الدموية.